

It takes guts to make it stop.

Meet Evan, Anna and Ella, Cranbrook Gutsy Walk Honorary Chairs



Our Mom, Grandma and Great Aunties have Crohn's and we're walking the Gutsy Walk to show them how much we love them and want to stop Crohn's disease.

First Annual Cranbrook Gutsy Walk Sunday, June 5th, 2016

Join us and The Community Cruiser for Balloon Art, Face Painting, Treats for our Walkers, Games, Baking by Donation and Prizes!

It takes guts to make it stop! On Sunday June 5, 2016, join us for the largest community event committed to raising funds for *Crohn's disease and ulcerative colitis*. As Canadians we have among the highest reported rates of these, often debilitating, diseases in the world.

Register today for the 2016 Gutsy Walk. With your support, we can continue to be a global leader by investing in transformative research to stop these diseases. We can help loved ones affected by these diseases.

When: Sunday, June 5, 2016 **Registration/Fun Starts 10:00 am Walk 11:30 am to 12:00 pm**

Where: Rotary Park, 10th Avenue and 1st Street South, Cranbrook, BC

How: Register online at gutsywalk.ca and select Cranbrook as your walk location. Raise some funds and then join us for fun, family-friendly activities!

Local Contact: Leanna Adrian, Gutsy Walk Chair, sadrian@live.ca 250 464-4187

You can fund raise on your own, or, you can form a team of family, friends or co-workers!

For the person that raises the most pledges there's an amazing "Staycation Package"

One Nights Stay at the Prestige Rocky Mountain Resort, A Gift Certificate for the New Energy Wellness Spa, Gift Vouchers for The Grind Station Café and A Gift Certificate for The Heid Out



Thank you to our local sponsors:



GUTSY WALK
FOR CROHN'S AND COLITIS
CROHN'S AND COLITIS CANADA

